

Erin Martin Biography

Erin Martin, Farmer & Owner, Footprints in the Garden (North Carolina)

Erin Martin understands the significance of deep roots. With the support of her extended family, she manages farmland that her great-great-grandparents purchased in 1883. While the original crops included tobacco, soybeans, and wheat, Erin now grows red okra, Easter egg radish, and yellow flesh watermelons. Despite these changes, a strong conservation ethic has been passed down through each generation. Erin's commitment to community began in high school when she established a community garden in a food desert. Today, she is an outreach coordinator for a grocery store cooperative, promoting the importance of access to locally grown food and the health benefits of nutrient-dense foods like kale, garlic, blueberries, and potatoes.